



## Year of Parish Revival (2023-2024): Jesus and the Eucharist Study

The *Jesus and the Eucharist* study has been created specifically for the Year of Parish Revival and is provided free of charge. This seven-session-study begins with the kerygmatic proclamation (Sessions 1-4) and builds to God's saving work in the Eucharist (Sessions 5-7).

Drawing from lesson content created by the Augustine Institute<sup>1</sup>, the Revival team has expanded the study to include an opening message from a different (arch)bishop followed by *lectio divina* prayer with scripture. Lessons include testimonies from Catholics across the country, which then transition into small group discussions. Each session is two hours or less in duration with an emphasis on participant engagement.

Below is an overview of each session:

### 1. What's Our Story?

- The Bible is the story of God's love for us. It begins with him creating us out of love, redeeming us by love, and finally, transforming us in his love.

### 2. Who is Jesus?

- Jesus is both God and man, and therefore, reveals who God is in relation to us. Jesus asked Simon Peter, "Who do you say that I am?" (Matthew 16:15). He asks this same question of us: who do *you* say Jesus is?

### 3. Am I Saved?

- Salvation is a gift from God through Jesus Christ that requires our "yes".

### 4. Why a Church?

- Jesus didn't simply leave us a message or instruction manual to follow. He left us a living, dynamic Church where we can encounter him constantly and allow ourselves to be transformed into his likeness.

### 5. God is With Us

- God's presence in the Old Testament foreshadows the gifting of the Eucharist, one of the seven sacraments of the Church. Jesus establishes the Eucharist to give us strength for our journey, and to accompany us at every moment.

### 6. The Story of the Eucharist

- The story of the Eucharist is traced through Scripture - starting with Genesis and the Passover, through Jesus' miracles and teachings, the institution at the last supper, and the road to Emmaus. The cross is the new Tree of Life, and the Eucharist is its fruit.

### 7. Bread for the Journey

- The Eucharist sustains us on our spiritual journey. Our participation at Mass through the Liturgy of the Word and the Liturgy of the Eucharist is our offering of thanksgiving to God, sending us forth to share what we have received.

---

<sup>1</sup> Sessions 1-4 of the *Jesus and the Eucharist* study uses the lesson content of sessions 4-7 of *The Search* study, and sessions 5-7 uses the lesson content of sessions 1-3 of *The Presence* study. Both Augustine Institute studies are found at [Formed.org](https://www.formed.org).